

QADIM HUB NEWSLETTER



UNESCO KNOWLEDGE FOR CHANGE (K4C) ASIA REGION WORKSHOP

25th – 26th January 2024

Qadim Hub Coordinator, Assoc. Prof. Dr Rafeah Wahi Dr Ahmad Syafiq Ahmad Nasir, Deputy Director of University Sustainability Centre, Universiti Malaysia Sarawak attended UNESCO Knowledge for Change (K4C) Asia Region Workshop on January 25th to 26th, 2024, at International Youth Centre (IYC), Kuala Lumpur. The workshop was organized by Mizan K4C Hub (Asia K4C Coordinator), Universiti Sains Islam Malaysia (USIM) and IYC.

This workshop brought together several mentors and coordinators in Malaysia to discuss the overall planning and operations of K4C at the Asia level. Among the Hubs and K4C partners participating in this meeting were the Mizan K4C Hub USIM, IYC K4C Training Hub, Qadim Hub UNIMAS, Malaysia Hub USM, the Malaysian Youth Council, and Benevolent Malaysia.



The focus of the workshop was to discuss the planning of the Malaysia/Asia K4C Hub for the year 2024, review the curriculum modules of the Asia K4C Hub, and share information and improve information from all levels of hubs involved. The workshop was chaired by YBhg. Assoc. Prof. Dr. Mahazan bin Abdul Mutalib.

Dr. Mohamed Maliki Mohamed Rapiee, the Director of IYC, also attended and delivered the closing remarks at the workshop.

Qadim Hub CBPR Module Developers Contribute to Borneo Leadership Transformation & Strategic Program (BOLTS)

26-29 Feb 2024 / UCSI Hotel, Kuching and Kampung Peros

KUCHING, SARAWAK - February 29th, 2024 - The Borneo Leadership Transformation & Strategic Program (BOLTS): Leadership in Diversity & Sustainability concluded successfully on February 29, 2024, at the UCSI Hotel in Kuching and Kampung Peros in Bau. The event attended by 25 participants from universities and agencies featured significant contributions from Qadim Hub's esteemed CBPR module developers, Assoc. Prof. Noraziah Abdul Wahab, Assoc. Prof. Dr. Halikul Lenando and Mr Haslan Ottot who led the Module 3: Sustainability Leadership, Module 4: The Principles of Knowledge Co-creation modules, and Module 7: Sustainable Community Transformation Engagement, respectively.

Aimed at empowering leaders from universities, knowledge hubs, and business entities, BOLTS featured a comprehensive curriculum designed to enhance leadership skills in addressing complex global issues, fostering cross-cultural collaboration, and driving sustainable change in community.

Assoc. Prof. Noraziah Abdul Wahab, renowned for her expertise in sustainability leadership, guided participants through Module 3, focusing on embedding sustainable practices into leadership frameworks. Meanwhile, Assoc. Prof. Dr. Halikul Lenando's Module 4 delved into the principles of knowledge co-creation, equipping participants with strategies for collaborative and innovative problem-solving.

"BOLTS isn't just a program; it is a transformative experience designed to cultivate leaders who can thrive in our diverse and ever-changing world," said Mdm Hj Noridah Adenan. The program concluded with a strong sense of community and a renewed commitment to leading with purpose and vision, preparing attendees to become effective leaders and advocates for sustainable and inclusive practices.

The participation of Qadim Hub's CBPR module developers in BOLTS underscores the hub's dedication to advancing community-based participatory research and fostering leadership skills crucial for sustainable societal transformation.



Children's reproductive Health and Sexuality Education Programme

9th March 2024 / Kota Samarahan



UNIMAS and Pusat Aktiviti Kanak-Kanak Desa Ilmu Empowers Youth in Reproductive Health and Sexuality Education Programme

Kota Samarahan, Sarawak, 9 March 2024 - In an effort to promote awareness and understanding of reproductive health and sexuality education among youth, Pusat Aktiviti Kanak-Kanak (PAKK) Desa Ilmu collaborated with Qadim Hub, University Sustainability Centre, Universiti Malaysia Sarawak (UNIMAS) to organize a one-day programme held at the Multimedia Theatre, Faculty of Resource Science and Technology, UNIMAS.

The programme, tailored for children aged between 12 to 17 years old, aimed to provide essential knowledge and guidance on various aspects of reproductive health and sexuality. With a turnout of 150 participants, the event featured distinguished speakers Nor Akmariah Binti Abdullah from Rahmah Support Team and Trainer Mohd Khairul Ridhwan Adha Bin Akhbar, who delivered insightful talks on critical topics. The programme also included engaging group activities facilitated by PAKK volunteers.



The sessions covered a range of crucial subjects, including puberty, awareness on healthy gadget and internet usage, phonography, as well as LGBT and STD awareness. By addressing these topics, the programme sought to equip young individuals with the necessary information and skills to make informed decisions and navigate the challenges associated with adolescence.

Assoc. Prof. Dr Rafeah Wahi, Qadim Hub Coordinator, emphasized the importance of targeting youth in this age bracket, stating, "Adolescence is a pivotal stage marked by significant physical, emotional, and social changes. Providing accurate information and guidance during this period can shape positive attitudes and behaviours towards reproductive health and sexuality."



Chairperson of PAKK, Adillah Ismail, expressed gratitude for the collaborative effort, stating, "As a community partner, we recognize the significance of educating our youth on these crucial topics. Initiatives like these are instrumental in promoting healthy behaviours and fostering informed decision-making among our youth."

The programme concluded with participants expressing their appreciation for the valuable insights gained, highlighting the importance of continued efforts in promoting reproductive health and sexuality education within the community. This initiative is also a part of University Social Responsibility (USR) by UNIMAS which aligned with UN SDG 4: Quality Education.



Community-Led Children's Sexual Education Mobilization Workshop

10th March 2024

COMMUNITY MOBILIZATION GROUP HELPS UNVEIL SEXUAL EDUCATION FOR TEENAGERS

KOTA SAMARAHAN, 10 MARCH 2024: There is a small portion of society that views sexual education as a taboo subject and an activity that promotes sexual relationships, especially among teenagers. However, this is a misconception.

A survey on teenagers by the Ministry of Health Malaysia in 2017 showed that 7.3% of teenagers aged between 13 and 17 had engaged in sexual relationships.

The study also revealed that 35% of boys and 27% of girls had engaged in sex at the age of 14, while 21% of boys and 11% of girls had engaged in sex with multiple partners. These statistics are worrying because most teenagers do not receive guidance and explanations about sexual education.

This situation indicates that teenagers need to be exposed to sexual education from an early age to avoid negative symptoms such as free sex, promiscuity, unwed pregnancies, or more frighteningly, engaging in unnatural sexual relationships.

Qadim Hub, University Sustainability Center, Universiti Malaysia Sarawak (UNIMAS) collaborated with Pusat Aktiviti Kanak-Kanak (PAKK) Desa Ilmu to organize a Community Mobilization Workshop for children's sexual education as one of the efforts to empower the community to raise awareness about the importance of sexual education for teenagers.

The one-day workshop held at the University Sustainability Center, UNIMAS on 10 March 2024 was facilitated by two speakers and attended by 15 participants. The purpose of organizing this workshop was to gather community mobilizers and expose them to effective strategies for planning programs and activities related to sexual education.

Associate Professor Dr. Halikul Lenando, a lecturer at the Faculty of Computer Science and Information Technology (FCSIT) and a fellow at Institute of Social Informatics and Technological Information (ISITI), UNIMAS, shared his experience using the TRIZ application, or Theory of Inventive Problem Solving, as an innovative thinking method. According to him, "awareness of effective approaches to combating sexual problems in society, especially among teenagers, is important for the well-being of society."

"Exposure to TRIZ applications helps participants understand, think of sustainable ideas, and solve sexual education problems using only the power of the mind, creativity, and innovation," he added.

As a simulation, workshop participants had the opportunity to discuss issues of teenagers watching pornography and self-harming and propose solutions using TRIZ techniques based on 40 inventive principles.





Next, Dr. Enucie Melissa anak Joseph, Health Officer of the Division, Sarawak State Health Department, also shared her knowledge and experience about reproductive health and sexual education.

Dr. Eunice Melissa said that early sexual symptoms among teenagers stem from shallow knowledge about sexuality. Furthermore, the influence of social media strongly encourages teenagers to engage in sexual activities without considering the consequences.

To empower community mobilizers in providing sexual education to the public, Dr. Eunice Melissa suggested that the public needs to understand the importance of sexual education and its relevance to teenagers.

"The importance and necessity of sexual education must be emphasized because it covers human anatomy and physiology, sex hormones, sexually transmitted diseases through social relationships, gender and sexuality, mental health and well-being, reproductive health, and cultural and ethical issues," explained Dr. Eunice Melissa.



Chairperson of Pusat Aktiviti Kanak-Kanak, Kota Samarahan (PAKK), Mrs. Adillah Ismail said that empowering the community is very important as one of the steps that can be taken by the community in addressing this issue.

"The involvement of members from various backgrounds and expertise makes this community mobilization group capable of doing something effective and positive for the community," she said during her speech at the workshop.

Pusat Aktiviti Kanak-Kanak (PAKK) Desa Ilmu was established as a comprehensive, systematic, and effective effort to prevent child abuse and neglect in Kota Samarahan. PAKK is a support service organized by the Child Protection Team (PPKK) that serves as a support system for child protection services under the Child Protection Act 2021.

Meanwhile, Qadim Hub is part of the global K4C Hub Consortium, an initiative by the UNESCO Chair for Community-based Research and Social Responsibility in Higher Education. Qadim Hub is a center of excellence for the implementation of community-based participatory research (CBPR) and training programs.

QADIM HUB BOOK WRITING WORKSHOP



13 March 2024 - Kota Samarahan, Sarawak - Qadim Hub, in collaboration with the University Sustainability Centre at UNIMAS, is pleased to announce the successful hosting of the Book Writing Workshop. The workshop took place on 13th March 2024 at the Qadim Hub, University Sustainability Centre (USC), UNIMAS.

The workshop, led by Prof. Dr. Fitri Suraya Mohamad Hapni Joblie, Deputy Director of Institute of Borneo Studies (IPB), UNIMAS, served as a pivotal platform for 13 authors contributing to Qadim Hub's upcoming book project. The participating authors were provided with valuable insights and guidance on various aspects of the book writing process.

The workshop activities included book proposal briefing, community research experience mapping, content brainstorming and draft writing.

The workshop fostered an environment of collaboration, learning, and creativity, empowering authors to effectively contribute to the collective narrative of participatory research and sustainable development in Borneo, Sarawak.

Assoc. Prof. Dr Rafeah Wahi, Qadim Hub Coordinator commented, "It was truly inspiring to see the enthusiasm and dedication of the chapter authors in exploring the transformative potential of participatory research. This workshop marks a significant step towards realizing our vision of creating a comprehensive and impactful publication that amplifies the voices of communities in Borneo, Sarawak."



The organizers extend their sincere appreciation to all participants for their active engagement and contributions towards the success of the workshop.